

build your better
Breakfast

OMELET SANDWICHES

Also Available with Egg White Omelet

Egg & Cheese

Black Forest Ham, Egg & Cheese

Western Egg & Cheese

Black Forest Ham, Green Peppers and Onion

Double Bacon, Egg & Cheese

Steak, Egg & Cheese

Make Any 6" a Footlong™ Sub

DRINKS & SIDES

Juice

Coffee

Western Egg White Melt on
Light Wheat English Muffin

4 grams
of fat
with 1/2 cup mayo

9 grams
of fat
with 1/2 cup mayo

**Western &
Cheese Egg
White Omelet
Sandwich**

**Double Bacon &
Cheese Omelet on Flatbread**

* The Western Egg White Muffin Melt with egg white on light wheat English muffin is prepared according to standard recipe with meat, American Cheese and selected vegetables. The Western & Cheese Egg White Omelet Sandwich on Italian Bread is prepared according to standard recipe with meat, American Cheese and selected vegetables. Customer requests to modify standard sandwich recipe or add additional condiments may increase fat or calorie content.

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**LEAVE THE
CATERING
TO US!**

**FAMILY GATHERINGS • OFFICE MEETINGS
PARTIES • ANY OTHER OCCASION**

SUBWAY® restaurants have many catering options available to you. Make it easy for yourself and order Box Lunches or a Giant Sub or choose one of our Sandwich Platter Options: Subway Fresh Fit®, Classic Combo, Flavor Craver™ or create your own platter with any combination of our cold sandwich selections. Napkins and an assortment of SUBWAY® sauces, mayonnaise and mustard are supplied with each Giant Sub and Platter.



Sandwich Platters			Cookie Platters
ITEM	SERVES	PORTION	ITEM
Sandwich Platter	5-9	15	36 Cookies
Giant Subs		Boxed Lunch	
LENGTH	SERVES		
3ft	10-12		
6ft	20-25		

We request 24-hour advance notice for giant sub orders or a large catering order. Recommended portions may vary based on type and size of group. Please consult the SANDWICH ARTIST® for additional information. Length is an approximation, actual length may vary.

Box Lunch consists of a 6" sub, a cookie, chips and a napkin.

Packed in a stackable box. Convenient for outings and company meetings. Available at participating locations.

**At SUBWAY® Restaurants,
We Have Your
Fresh Interests
At Heart**

Welcome to SUBWAY® Restaurants, where great taste and variety come together for your convenience. This menu represents our commitment to helping you discover and enjoy all the delicious choices SUBWAY® Restaurants have to offer.

We offer a variety of sandwiches and salads and encourage you to customize your order to satisfy your taste. Our menu includes a complete listing of ingredients to help you make informed choices – so you can either eat sensibly or splurge.

It's all here for you. So enjoy! We're glad you came.



Menu and prices are subject to change without notice.
www.subway.com

*Our 6" Regular Subs with 6g of fat or less and 6" Double Stacked™ Subs with 8g of fat or less are prepared according to standard recipes with meat, lettuce, tomatoes, green peppers, pickles, olives and red onions and without cheese or condiments (e.g., mayonnaise) and are made on Italian or wheat bread. Customer requests to modify standard sandwich recipes or add cheese or condiments may increase fat or calorie content. Salad nutritional values do not include salad dressings or croutons.

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Double Stacked™ not offered on Premium Subs. Double Stacked™ refers to sandwich meat content only.

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SUBWAY
**Take-Out
Menu**



Step 1

Your Menu Choices

Footlong™ • 6" • Salad • Flatbread

Step 2

Choose Your Bread

9-Grain Wheat • 9-Grain Honey Oat
Italian • Italian Herbs & Cheese • Flatbread

Step 3

Choose Your Cheese

American • Monterey Cheddar

Step 4

Choose Your Veggies

Lettuce • Tomatoes • Cucumbers • Peppers
Red Onions

More Variety?

Pickles • Olives • Banana Peppers • Jalapeños

Step 5

Choose Your Sauce

Fat Free per 0.75 oz (6") serving

Mustard • Honey Mustard • Sweet Onion
Red Wine Vinegar

Full Flavor

Light Mayo • Chipotle Southwest • Ranch • Mayo • Oil

Step 6

Make it a Meal

Choose Your Drink • Choose One Side

Jared's Favorites



6 grams of fat or less on 6" subs



Sweet Onion
Chicken Teriyaki
Turkey Breast
Turkey Breast &
Black Forest Ham

Black Forest Ham
Oven Roasted Chicken
Veggie Delite®

SUBWAY FRESH FIT® Subs are 6" subs on 9-grain wheat or Italian bread, without cheese or condiments that contain fat. SUBWAY FRESH FIT® should not be considered a diet program.

Signature Subs

Get 'em Fresh Toasted

Subway Club®

Turkey Breast, Black Forest Ham & Roast Beef

Chicken & Bacon Ranch

Roast Beef

*6" Roast Beef on 9-grain wheat or Italian bread without cheese or condiments that contain fat is 6 grams of fat or less.

Premium Subs

♦ The Feast

Pepperoni, Genoa Salami,
Black Forest Ham, Roast Beef, Turkey & Cheese

♦ Big Philly Cheesesteak



Big Philly Cheesesteak

Double Stacked™ not offered on ♦ Premium Subs. Double Stacked™ refers to sandwich meat content only.

Sides & Drinks



SIDES



Chips

Cookies

Apples

Yogurt

DRINKS



Fountain Beverage

Bottled Beverage

1% Milk or Flavored Milk

Juice Box

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Classic Subs

Get 'em Fresh Toasted



Italian B.M.T.® on Flatbread

Italian B.M.T.®

Pepperoni, Genoa Salami,
Black Forest Ham & Cheese

Subway Melt®

Turkey Breast, Black Forest
Ham, Bacon & Cheese



Meatball Marinara

Spicy Italian

Pepperoni, Genoa Salami

Cold Cut Combo

Bologna, Salami & Ham (All Meats Are Turkey Based)

Meatball Marinara

BLT

Bacon, Lettuce & Tomato

Tuna

Kids



🍏 SUBWAY FRESH FIT® Side or Drink Option

Includes a Fit Mini Sub Of Your Choice (Turkey Breast, Black Forest Ham, Roast Beef or Veggie Delite®) With Apples, a Drink & a Toy.

Make It A Meal



Substitute Fountain Drink with Milk or Bottled Beverage

🍏 SUBWAY FRESH FIT® Side or Drink Option

SUBWAY FRESH FIT® should not be considered a diet program.

Salads

Oven Roasted Chicken

Black Forest Ham • Tuna

Veggie Delite®

Or make any Regular Sub a Salad.
Salad includes 6" portion of Meat.

Double Portion Of Meat Available



Extras

Add Bacon

Extra Cheese

Double Stacked™

Double Stacked™ not offered on ♦ Premium Subs. Double Stacked™ refers to sandwich meat content only.