

## IMPORTANT PHONE NUMBERS

AGENCY	PHONE
A&FRC MacDill AFB	813-828-0145
Appointments Dental	813-827-9401
Appointments Medical	813-828-2273
Base Exchange	813-840-4832
Base Operator	813-828-1110
Chapel Services MacDill	813-828-3621
Child Development Center (CDC)	813-828-3332
Child Resource and Referral	813-828-5750
Commissary MacDill	813-828-3361
Emergency Management MacDill	800-288-2034
Exceptional Family Member Program	813-828-0122
Family Advocacy	813-827-9172
Health & Wellness Center (HAWC)	813-828-4739
Legal Assistance Office	813-828-4422
Library MacDill AFB	813-828-3607
MacDill Area Resilience Center	813-828-9073
Mental Health	813-827-9171
Military Family Life Counselors	813-373-2529
Outdoor Recreation MacDill	813-840-6919
Pharmacare	813-828-2226
Retiree Activities Office	813-828-4555
School Age Programs	813-828-5971
School Liaison Officer	813-828-0146
Security Forces Squadron	813-828-3322
United Service Organizations (USO)	813-676-4311
Veterinary Facility MacDill	813-828-3358
Visitor Reception MacDill	813-828-2737
Youth Center	813-828-7956

# US Central Command Family Readiness



### HELPFUL WEB SITES

**CENTCOM Home Page**  
[www.centcom.mil](http://www.centcom.mil)

**CENTCOM Welcome Guide**  
<https://www6.centcom.mil/welcomeguide/>

**CENTCOM Emergency Management**  
[www.centcom.mil/visitors-and-personnel/emergency-preparedness](http://www.centcom.mil/visitors-and-personnel/emergency-preparedness)

**MacDill AFB Home Page**  
[www.macdill.af.mil](http://www.macdill.af.mil)

**6th Force Support Squadron**  
[www.macdillfss.com](http://www.macdillfss.com)

**Airman & Family Readiness Center (A&FRC)**  
[www.macdillfrc.com](http://www.macdillfrc.com)

**MacDill Health & Wellness Center**  
[www.macdillafb.bestofhealth.com](http://www.macdillafb.bestofhealth.com)

**MacDill AFB Chapel**  
[www.macdill.af.mil/macdillchapel](http://www.macdill.af.mil/macdillchapel)

**MacDill ID Cards Appointments**  
<https://rapids-appointments.dmdc.osd.mil/>

### COMMANDER

*General Joseph L. Votel, USA*

### DEPUTY COMMANDER

*Lieutenant General Charles Q. Brown, Jr.*

### CHIEF OF STAFF

*Major General Terry Ferrell, USA*

### Command Senior Enlisted Leader

*CSM William F. Thetford, USA*

### Family Readiness Program Manager

*Mr. Ricardo Carrasquillo*  
[ricardo.carrasquillo.civ@mail.mil](mailto:ricardo.carrasquillo.civ@mail.mil)  
(813) 529-0539

*US Central Command  
7115 South Boundary Blvd.  
Building 571, Room 114  
MacDill AFB, FL 33621*



[US Central Command Family Readiness](#)

## OUR OBJECTIVES

1. Develop and publicize a highly visible and readily accessible Family information program that offers support and outreach, promotes involvement and prevents isolation.
2. Establish a network of communication to provide information to Families regarding service support programs, activities, events and local area announcements.
3. Conduct regular coordination with 6<sup>th</sup> Air Mobility Wing Family Readiness Coordinators to share resources and information about services, events, and programs related to Family readiness.
4. Refer Family needs or problems that cannot be met by the Family Readiness Manager to appropriate support personnel or agencies for assistance.
5. Provide an opportunity for Family members to mutually support and assist one another, especially during periods of Family separation or emergencies. (Network of Families)

## BASE PARTNERSHIPS

**Career Source Tampa Bay (CSTB)** Military Family Employment Advocate Provides assistance to Military family members and Transitioning Service Members: 813-828-0076

**Friends of Military Families, Inc- FoMF** a chartered Private Organization on MacDill AFB and a registered 501c(3) non-profit agency designed to assist Tampa Bay military and their families.

<http://friendsofmilitaryfamilies.org/>

## DIRECTORATE/SPECIAL STAFF POC'S

DIR	NAME	Email	Phone
CCCC	Mrs. Sandra Johnson	sandra.johnson125.civ@mail.mil	813-529-0066
CCCI	YN2 Braulio Delapena	braulio.t.delapena.mil@mail.mil	813-529-0343
CCHC	Mr. Earnest Lyas	earnest.l.lyas.civ@mail.mil	813-529-0443
CC11	Mr. Kenneth Wood	kenneth.e.woods6.civ@mail.mil	813-529-1058
CCJ2	Mr. Roger Hart	roger.r.hart.civ@mail.mil	813-529-2569
CCJ3	Mr. David Andersen	david.a.andersen2.civ@mail.mil	813-529-3380
CCJ4	Mr. Bruce Ivy	bruce.a.ivy.civ@mail.mil	813-529-4137
CCJ5	Mr. Charles Davis	charles.h.davis71.civ@mail.mil	813-529-5136
CCJ6	Ms. Elizabeth Rosario	elizabeth.l.rosario.civ@mail.mil	813-529-6744
CCJ7	LS1 Fatima Medina	fatima.d.medina.mil@mail.mil	813-529-7005
CCJ8	Ms. Shannon Rogers	shannon.m.rogers.civ@mail.mil	813-529-8146
CCJA	Mr. Kenneth Moser	kenneth.j.moser4.civ@mail.mil	813-529-0302
CCSG	Ms. Anna Seback	anna.e.seback.civ@mail.mil	813-529-0345
Family Readiness Program Manager: Mr. Ricardo Carrasquillo email <a href="mailto:centcom.macdill.centcom-hq.mbx.family-readiness@mail.mil">centcom.macdill.centcom-hq.mbx.family-readiness@mail.mil</a> Phone 813-529-0539			

**The CENTCOM Family Activities Association (CFAA)** is a private non-profit organization, comprised solely of enlisted members from each branch of service who play an integral part in daily operations at MacDill Air Force Base and the USCENCOM area of responsibility. We dedicate our efforts to supporting over 5,000 members, the vast majority of which are veterans, by planning and executing the command's annual family picnic, quarterly college scholarship, quarterly spouse award, and "Operation Warmheart."

<http://cfaatampa.wix.com/cfaa>

## EMAIL DISTRIBUTION LIST

CENCOM's email distribution list is established to assist in dealing with various situations that may occur during a sponsor's absence. It is one of the methods for providing information and assistance to Families. You will be notified through email by the Family Readiness Manager with important information pertaining to the Family Readiness Program.

The Family Readiness program is your primary link with the Command in the event of deployment and is a means of communicating important information. The email distribution list may be used for any of the following reasons: CENCOM social events, general information pertinent to CENCOM and Families, deployment information, homecoming information, and emergency information.

**Participation is voluntary.** However, the function of the email distribution list is to keep you informed with the most up-to-date information available concerning service support programs within MacDill and the local area. The list is strictly confidential and protected by the privacy act and is not to be used for solicitation, chain mail, or mailing lists of any kind.

**Visit the CENTCOM Welcome Guide**

<https://www6.centcom.mil/welcomeguide/>

for additional information regarding Family Readiness, Sponsorship, CENCOM, MacDill and Tampa Bay.